

ACTIVITIES

SCAN TO REGISTER



Note:
*For guests aged 16 years old and above only
^Capacity limit of 15 persons

For any assistance or enquiries,
please approach the front desk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8AM - 9AM SUNRISE YOGA OASIA RESORT SENTOSA OUTDOOR DECK^	8AM - 9AM SUNRISE YOGA OASIA RESORT SENTOSA OUTDOOR DECK^	8AM - 9AM SUNRISE YOGA OASIA RESORT SENTOSA OUTDOOR DECK^	8AM - 9AM SUNRISE YOGA OASIA RESORT SENTOSA OUTDOOR DECK^	8AM - 9AM SUNRISE YOGA OASIA RESORT SENTOSA OUTDOOR DECK^	8AM - 9AM SUNRISE YOGA OASIA RESORT SENTOSA OUTDOOR DECK^	8AM - 9AM SUNRISE YOGA OASIA RESORT SENTOSA OUTDOOR DECK^
	10AM - 11AM AQUA BOXING & TABATA THE OUTPOST HOTEL SENTOSA LEVEL 7 SKY POOL*^		10AM - 11AM AQUA BOXING & TABATA THE OUTPOST HOTEL SENTOSA LEVEL 7 SKY POOL*^		9AM - 11AM HAND BALL (POOL ACTIVITY) VILLAGE HOTEL SENTOSA LEVEL 3 ADVENTURE POOL	9AM - 11AM WATER POLO VILLAGE HOTEL SENTOSA LEVEL 3 ADVENTURE POOL
				3PM - 5PM CAPTAIN BALL (POOL ACTIVITY) VILLAGE HOTEL SENTOSA LEVEL 3 ADVENTURE POOL	3PM - 5PM RING TOSS (POOL ACTIVITY) VILLAGE HOTEL SENTOSA LEVEL 3 ADVENTURE POOL	
				5PM - 6PM AQUA ZUMBA VILLAGE HOTEL SENTOSA LEVEL 3 ADVENTURE POOL	4PM - 5PM AQUA ZUMBA VILLAGE HOTEL SENTOSA LEVEL 3 ADVENTURE POOL	
				7PM - 9PM MOVIE NIGHT VILLAGE HOTEL SENTOSA LEVEL 3 ADVENTURE POOL	7PM - 9PM MOVIE NIGHT VILLAGE HOTEL SENTOSA LEVEL 3 ADVENTURE POOL	



Sunrise Yoga



Aqua Zumba



Movie Night

